

FREE GAMBLING HELP

GAMBLING HELP SUPPORT GROUP



The Gambling Help Support Group

- A FREE 6 week educational support program for individuals who want to manage their gambling behaviour.

The Program:

- Outlines strategies for individuals who are experiencing difficulties controlling or stopping gambling and
- Provides insight into key issues relating to triggers and control.

Strict privacy and confidentiality is maintained at all times throughout the program



Starting Date: Monday 24 February 2014, 6.30pm-8.30pm

Facilitators: Jeanette Svehla and David Hollier

Location: 4 park Avenue Gordon NSW

To Apply: Register your interest at email: appointments@lifelineh2h.com or phone our centre on **9498 8805**

1800 858 858
www.gamblinghelp.nsw.gov.au

gambling **HELP**
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